



Please watch the videos before choosing a specific fly pattern, they explain how to use Detached body pins, Wingburners and Wingmaterials. And how to tie in Wings/Wing-buds and Nymph-legs/Nymph-backs.

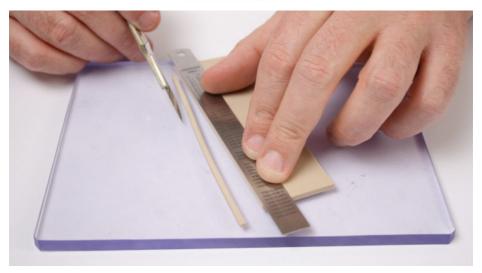
Use the TyinGuides, they will help you get the correct proportions.

What you need:

J:son DBP medium and small. J:son RWB MI-3 and RWM MI-3. Foam in your choice of color cut into two strips about 2x2 and 2x2-2x3 mm. Hackle in your choice of color. Synthetic brush fibers or microfibbets as tails.



Size 8/10/12



Cut two foam strips in your choice of color approx. 2x2-2x3 and 2x3-2x4 mm (depending on what size you want to tie).



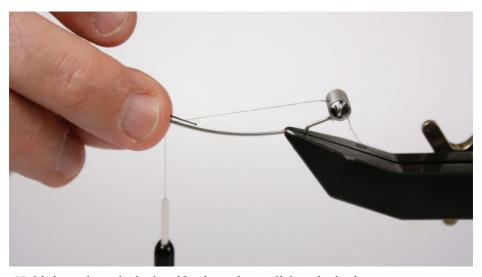
Secure your thread on the body pin. (If you are uncertain how to use body pins, watch the video under "Fly tying" at jsonsweden.com).



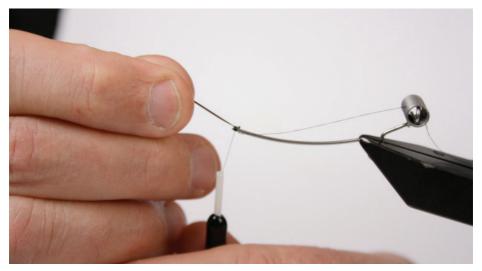


Take 3 synthetic tails hold them in your tweezers, adjust the length and cut them about 2 mm in front of the tweezers.

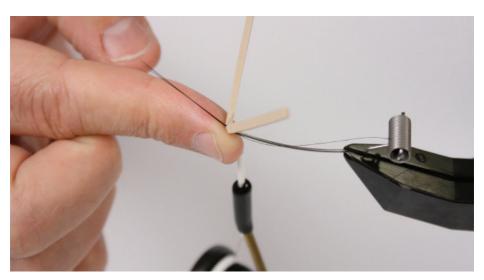
Take a lighter and burn them together creating a small bead – this prevents the tails from coming loose after you have tied them in.



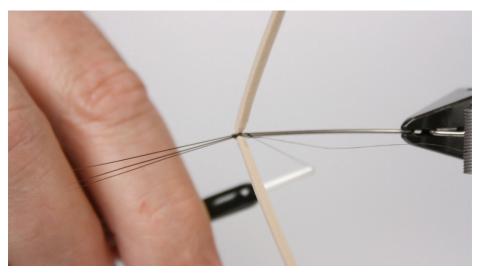
Hold the tails with the bead backwards parallel to the body pin.



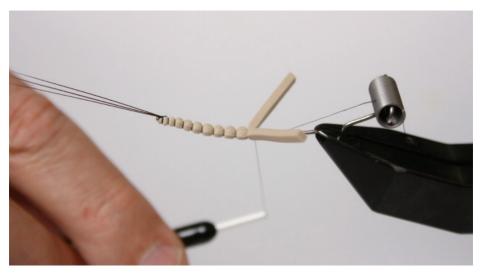
Tie in the tails with a couple of turns and pull them until the bead is just behind the tip and secure with 3-4 tight turns.



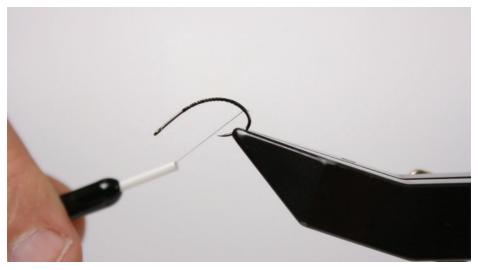
Fold the foam strip in half under the tip and pull it back upwards parallel to the pin.



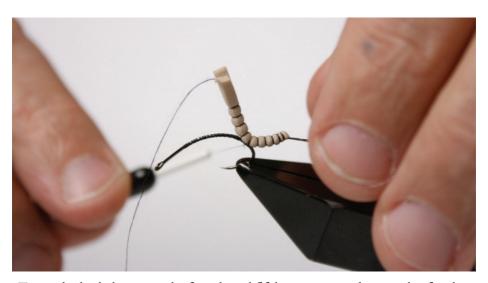
Tie in as close to the tip as possible with 3-4 turns and release your grip on the foam. Then wind your thread between the foam strips backwards one or two turns around the pin separately.



Stretch the foam backwards again, make 2-3 turns around both foam and pin for a first segment. Release the foam, 1-2 turns backwards on the pin, stretch the foam backwards and make a second segment. Repeat the process until you are satisfied with the length of the body and tie off. Use the Tying-Guides to get the right proportions.

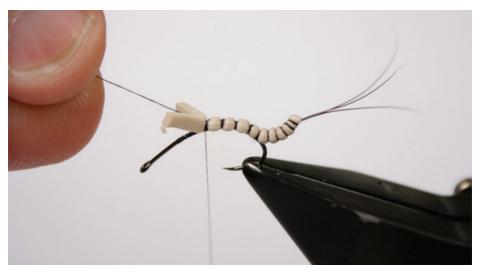


Secure your thread on the hook and tie back to the just above the end of the hook bend.



Tie in the body between the fourth and fifth segment with a couple of tight turns as shown. Wind your thread a couple of turns up on the hook shank and tie in again between the next segments.





Repeat the process until you tied the whole body to the hook shank. Pull the remaining piece of thread between the foam strips to get the right curvature of the rear body.



Cut off the excess foam and tie down the remains on the hook shank.





Cut some deer or elk hair in natural color and clean out so that you are left with a small cluster of long pointy hair.



Tie in just in front off the body and spread them like a fan around the hook shank.



Trim the waste and secure with a couple of tight turns.



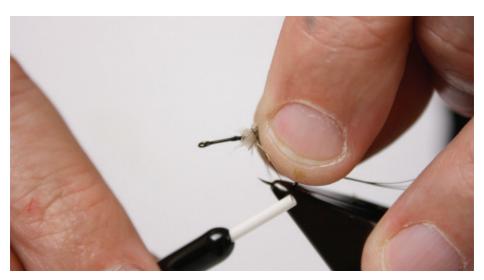
Take your wings and hold them parallel to each other, then grab the wings so that you have the stems down.

(If you are uncertain how make wings, watch the video under "Fly tying" at jsonsweden.com)





Wrinkle the wings by twisting and rubbing them in your palm to imitate wings that are being unfurled on the hatching mayfly.



Hold the wings so that the stems protrude on either side of the hook shank and tie them in with a couple of tight turns.





Trim off the excess wingmaterial, cross wire between the wings and make a few turns in each direction around the wing post to prevent the wings from rotating on the hook shank as you continue to tie your fly.



Take another bunch of deer hair, tie in just in front off the wings and spread them like a fan around the hook shank.





Trim the excess (it's just the long pointy hair that should be left).



Tie in a hackle with fibers about as long as your deer hair so that it points straight back. Secure your hackle with a couple of tight turns and cut off the excess.





Tie in the second foam strip. Stretch and tie down to the point where you tied in the wings and hair.

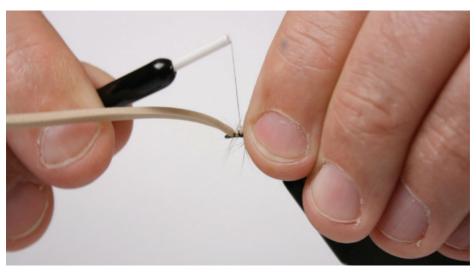


Hold wings, deer hair and foam strip together and stretch them upwards while you wire a parachute hackle around the base. Secure hackle 3-4 mm behind the hook eye with a couple of tight turns and cut off the remains.





Fold the foam strip forward, strech and tie in just behind the hook eye.



Wind your thread to about 2-3 mm behind the hook eye, secure it with a couple of tight turns and fold the foam strip back again.





Stretch and tie in the foam strip with 2-3 tight turns to create a small head and cut off the excess foam.



Tie off with a whip-finish and cut off your thread.





Trim the excess fibers on the underside of the fly, this allows it to sit properly in the water. Fine-tune the fly by cutting or removing unwanted fibers with scissors or tweezers.



A dab of glue under the head and the fly is finished.